

## B'nai Mitzvah Options Menu

There are four basic options for B'nai Mitzvah candidates. They are:

<b>OPTION A – Torah &amp; Haftarah</b> <ul style="list-style-type: none"> <li>Torah (Maftir) and blessings</li> <li>Torah/Haftarah worksheet</li> <li>Haftarah blessings</li> </ul>	<b>OPTION B – Torah Emphasis</b> <ul style="list-style-type: none"> <li>Torah (Maftir section) and blessings</li> <li>Torah/Haftarah worksheet</li> <li>9 additional Torah verses</li> </ul>
<b>OPTION C – Torah &amp; Hallel Blessings</b> <ul style="list-style-type: none"> <li>Torah (Maftir section) and blessings</li> <li>Torah/Haftarah worksheet</li> <li>Hallel Psalms, blessings and worksheet</li> </ul>	<b>OPTION D – Customized Torah</b> <ul style="list-style-type: none"> <li>Special Accommodations</li> <li>Torah (Maftir section) and blessings</li> <li>Torah/Haftarah worksheet</li> </ul>

The chart below shows what is Required, Optional, and “Modified” for each option. Modifications are based on the individual needs/capabilities of the student. All students should attend Shabbat Services regularly. Complete and submit to Rabbi electronically ([Rabbi@templeadasshalom.org](mailto:Rabbi@templeadasshalom.org)) ~ six months prior to the B/M.

	Option A	Option B	Option C	Option D	
FRIDAY EVENING LITURGY	Req	Req	Req	Modified	Date:
SATURDAY MORNING or AFTERNOON LITURGY	Req	Req	Req	Modified	Date:
TORAH READING: Maftir & Torah blessings	Req	Req	Req	Req	Parsha: Chapter: Verses:
TORAH / HAFTORAH WORKSHEET	Req	Req	Req	Req	Submission date:
SPOKEN DRASH	Req	Req	Req	Modified	
CREATIVE DRASH*	Opt	Opt	Opt	Opt	Project:
TRIMITZVAHLON Service to congregation	Req	Req	Req	Req	Project: Name of mitzvah
TRIMITZVAHLON Service to community	Req	Req	Req	Req	Project: Name of mitzvah
TRIMITZVAHLON Twinning	Req	Req	Req	Req	Project: Name of mitzvah
HAFTARAH Blessings	Req	Opt	Opt	Opt	Prophet: Chapter: Verses:
TORAH READINGS 9+ verses chosen by family	Opt	Req	Opt	Opt	Parsha: Chapter: Verses:
HALLEL PSALMS Rosh Chodesh or holiday only- Blessings & Worksheet	N/A	N/A	Req	N/A	Holiday:
TORAH READING Within 6 months after B/Mitzvah	Req	Req	Req	Modified	Date: Parsha: Chapter: Verses:

**\*CREATIVE DRASH:** Optional for all students, this may be used to enhance the teaching section of the student’s B’nai Mitzvah speech. Ideas may include creating a slide show, Torah karaoke, 3-D structure, dramatic presentation, song, piece of visual art, etc. that illustrates the content and meaning of the chosen section of their parsha. This may be done in cooperation with classmates, family, or teen mentor. He/she will still describe the Trimitzvahlon, note appropriate thank yous, and work with Rabbi on final version.